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# Prenatal Screening Preferred Model of Care



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## Prior to pregnancy or in early pregnancy

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### Genetic Carrier Screening

Genetic carrier screening identifies an individual or couple's chance of being a carrier of an autosomal recessive or X linked genetic condition that can affect their child/ren.

Prior to pregnancy, knowledge of their carrier status allows an individual/couple to explore their reproductive choices such as PGT or using IVF or prenatal diagnosis using CVS or amniocentesis.

Testing is performed by either a blood test or saliva swab.

Results can take up to 6 weeks.

#### Appointment

Date: ..... Time: .....

## 7+ weeks

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### Dating Scan

Scan to confirm viability.

Confirm single or multiple pregnancy.

Exclude ectopic pregnancy.

Determine expected due date (EDD).

#### Appointment

Date: ..... Time: .....

## 10+ weeks

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### Non-Invasive Prenatal Testing (NIPT) and First Trimester Serology (FTS)

Scan to check fetal measurements and heart beats.

NIPT blood collection.

NIPT samples sent to the lab for cell-free DNA screening of certain chromosome conditions, such as Down syndrome. FTS sample sent to lab where markers are part of screening for early severe blood pressure problems (pre-eclampsia).

Results less than 2 weeks.

#### Appointment

Date: ..... Time: .....

## 13 - 14 weeks

### Anatomy Scan

Scan to review fetal growth and structures, nuchal translucency measurement and uterine artery blood flow.

Pre-eclampsia risk assessment using clinical, biochemical and ultrasound factors.

#### Appointment

Date: ..... Time: .....

## 19 ½ - 21 weeks

### Morphology Scan

Scan to assess the detailed fetal anatomy including the brain, face, spine, heart, abdomen and limbs. The position of the placenta, amniotic volume and the patient's pelvic anatomy and cervix are also assessed.

#### Appointment

Date: ..... Time: .....

## After 22 weeks

### Growth Scan

Scan to assess the fetal size and estimated weight, placental position and function through blood flow measurements, cervical length (if prior to 28 weeks), volume of amniotic fluid, fetal position, blood flow to the fetus and review of fetal organs.

#### Appointment

Date: ..... Time: .....

**Note:** this is our preferred model of care and some steps are variable or optional

Enquiries call **08 8333 8144**



## **Enquiries**

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## **Also Consulting**

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- Mount Barker
- Mount Gambier
- Port Lincoln